

	the measures follonat measures: cm	
ΑT	With shod feet,take the measure of their overall height	AO
AO	With shod feet, take the measure of feet to the shoulder (which should be measuredbetween the neck and arm start)	D. D. D.
DT	Take the measurement of the diameter chest, with him full	DC +
DC	Take the measurement of the diameter of waist at the navel	
DQ	Take the measurement of the diameter hip	DP
DP	With your legs together, take the as the overall diameter of the her thighs	
CA	Take the measure of your shoes	
KG	Put here your weight	CA
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